My topic is what you need to know about air quality at home

At first, we should know what is Indoor Air Quality and can distinguish Good IAQ and Poor IAQ.

Then, if you want to have good indoor air quality, you should know the common Air Quality Problems in your house. Firstly, in the kitchen.

Secondly, in the living room.

Third is the bathroom.

Ok, it turns to the garage.

Finally, in the basement.

There are so many problems which could happen. If you check them one by one, you maybe think they will waste your time. Next, I will show a simply way.

5 Simple Steps to Improve Indoor Air Quality

1. Keep your floors clean.

2. Keep a healthy level of humidity (30%-50%)

3. Make your home a no-smoking zone.

4. Test for radon.

5. Smell good naturally.